



COMMITMENT #2

PRAY AND WORSHIP GOD DAILY

INTRODUCTION

- Prayer is communicating with God and listening for HIS voice. Every believer is required to pray continuously.
- **Luke 18:1 KJV:** “And he spake a parable unto them to this end, that men ought always to pray, and not to faint.”
- **1 Thessalonians 5:17 KJV:** “Pray without ceasing.”
- **Ephesians 6:18 KJV:** “Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints.”
- Jesus began his ministry with prayer and repeatedly withdrew from HIS disciples and the crowds to be alone to pray, be it on a mountain side or a solitary place. (Luke 3: 21-22).

INTRODUCTION

- Prayer is an important requirement of every believer's life. Lack of prayer is **sinful** and **grieves** God.
- **1 Samuel 12:23**: “Moreover as for me, God forbid that I should sin against the LORD in ceasing to pray for you: but I will teach you the good and the right way.”
- **Isaiah 43:21-22**: “²¹ This people have I formed for myself; they shall shew forth my praise. ²² But thou hast not called upon me, O Jacob; but thou hast been weary of me, O Israel.”
- Prayer is to the believer what gasoline is to a vehicle. Every believer ought to pray to God and in the name of the Lord Jesus Christ (**Acts 12:5**).

PRAY AND WORSHIP GOD DAILY

- When should I pray? Regularly (Ps. 55:16); early in the morning (Mk. 1:35); at meals (Tim. 4:45); at night (Luke. 6:12); in times of trouble (Ps. 50:15); special occasions (Luke. 22:39-46); always (Eph. 6:18).
- Prayer can take place in private (Matt. 6:6); amid nature (Matt. 14:23); at church (Jn. 17:1); in public (Acts 27:35); everywhere (1 Tim. 2:8). While prayer can be done at any time and in any place, it is a good idea to pray in a quiet place and at a set time every day. This will help to make a prayer a part of your daily routine.
- There are various postures that one can take when praying: Standing (Mk. 11:25); kneeling (1 Kings 8:54); David prayed lying on his bed (Ps 63:6); on face (Matt. 26:39); Peter prayed while walking on the water (Matt. 14:30); the thief prayed on the cross (Luke 23:42).

PRAY AND WORSHIP GOD DAILY

- Use the Bible in your prayer. Pray God's word back to HIM. Have a proper attitude. Pray with boldness: come boldly to the throne of grace where you'd receive strength and pardon. Pray with expectation (Mark 11:24) that your prayer will be answered. Call things into being as though they were (Romans 4:17).
- Why pray? Prayer brings answers. Prayer brings us physical and emotional benefits (James 5:14-16). David received healing after being a murderer and an adulterer (Psalm 32:5). God healed King Hezekiah after he prayed about his illness. God also allowed him to live for fifteen more years.

PRAY AND WORSHIP GOD DAILY

- Prayer helps us to avoid temptation (Matthew 26:41). Prayer places our focus on God and not on our sins. Prayer invokes God's blessings (Matthew 7:11) and gives us victory over the forces of evil (Ephesians 6:12-28). Prayer brings us into direct contact with the giver of all good gifts.
- What to pray about? Pray prayers of praise. Acknowledge and revere the name of God. Pray for deliverance. Pray prayers of praise. Acknowledge and revere the name of God. Pray for the forgiveness and deliverance. Pray prayers of repentance. Pray against temptation. Pray for your personal needs. Pray prayers of intercession for others. Pray prayers of thanksgiving. Also, please remember to wait on the Lord to speak: "my sheep will listen to my voice" (John 10:27). Make a time to listen to the heart of God. He gave us two ears and only one mouth.

WORSHIP

- Every believer is called to worship God. The purpose of worship is to exalt and glorify God.
- Worship can take various forms: prayer, reading the Bible, singing, praising and serving God.
- We are admonished to worship only God.
- The believer is never to engage in any idolatrous worship (worshipping idols).
- **Exodus 3:20** You shall have no other Gods before me.
- **Exodus 20:4-6** Neither is the believer to engage in worshipping any image of God.

WORSHIP

- The believer is also forbidden to engage in false worship.
- Isaiah 29:8-9 These people honor me with their lips but their hearts are far from me.
- Our worship must be sincere and flow from our hearts. We must worship God with our heart, soul, and mind.
- The believer is to engage in personal and corporate worship. The Bible tells us not to give up meeting together (Hebrew 10:25). It is therefore important that you attend church meetings and engage in corporate worship.